

# Glenrothes 10K 2023

## Age Cat Results: Glenrothes 10K

Date: 18 Jun 2023

Pos	No	Name	Cat Pos	Club	Time
<b>Female : F40</b>					
1	225	Jillian Gordon	1	Kinross Road Runners	00:42:22
2	275	Leanne Calder	2	Edinburgh Athletics Club	00:44:14
3	363	Zoey Johnston	3	Falkland Trail Runners	00:45:53
4	86	Louise Lessels	4	PH racing	00:46:44
5	128	Gemma Chalmers	5	Pitreavie AAC	00:48:58
6	235	Fiona Watson	6	Musselburgh and District AC	00:49:05
7	13	Sarah Clyne	7	The Meedies Running Club	00:50:17
8	210	Lorna Hay	8	.	00:50:50
9	201	Nicola Wood	9	.	00:50:55
10	250	Lyndsay Balsillie	10	.	00:51:31
11	32	Fiona MacLeod	11	Pitreavie AAC	00:54:18
12	283	Leigh Sanderson	12	.	00:54:34
13	15	Emma Collins	13	The Meedies Running Club	00:54:36
14	240	Diane Davie	14	.	00:54:50
15	185	Fiona Cunningham	15	.	00:55:11
16	349	Jacqui Whitton	16	Arbroath Footers	00:56:08
17	332	Sally Fraser	17	.	00:57:09
18	236	Clare Paterson	18	.	00:57:26
19	417	Carolynn Diegano	19	.	00:58:06
20	38	Jillian Stevenson	20	Kirkcaldy Wizards	00:58:11
21	301	Kerri Hutchison	21	Wee County Harriers	00:58:24
22	413	Vivienne Stewart	22	Kirkcaldy Wizards	00:59:00
23	20	Ailsa Morrison	23	The Meedies Running Club	00:59:02
24	345	Lindsay Dobbie	24	The Meedies Running Club	00:59:25
25	75	Linsey Keiller	25	.	00:59:26
26	251	Cheryl Peebles	26	Kirkcaldy Wizards	00:59:37
27	28	Nicky Sutherland	27	Kirkcaldy Wizards	00:59:40
28	371	Fiona Mosley	28	.	00:59:45
29	130	Wendy Wylie	29	Nutritional Fit Running Club	01:00:03
30	343	Lorraine Davie	30	.	01:00:53
31	188	Katie Russell	31	.	01:00:53
32	196	Catherine McAdams	32	Kinross Road Runners	01:01:08
33	184	Louise West	33	Leven Las Vegas	01:01:21
34	216	Angela Cruickshank	34	Pitreavie AAC	01:01:22
35	403	Karen Stevenson	35	.	01:01:29
36	146	Kirstin Marsh	36	.	01:01:33
37	273	Diane Selkirk	37	.	01:02:15
38	342	Heather Gordon	38	.	01:02:53
39	173	Carole Patrick	39	.	01:02:56
40	316	Lynsay Bell	40	Leven Las Vegas	01:03:09
41	126	Katharine Hodgson	41	.	01:03:58
42	267	Dawn Watson	42	Leven Las Vegas	01:04:03
43	257	Sharon Thomson	43	Lang toun joggers	01:04:22
44	78	Elizabeth Coggane	44	Pitreavie AAC	01:04:55

Pos	No	Name	Cat Pos	Club	Time
45	276	Carol Landale	45	.	01:05:03
46	179	Katrina Johnstone	46	Recreational Running	01:05:04
47	370	Beverley Davie	47	.	01:05:53
48	46	Dawn Martindale	48	Pitreavie AAC	01:07:48
49	264	Lynda Skye	49	.	01:07:55
50	215	Kate Cruickshank	50	.	01:08:24
51	27	Carolann Kinnear	51	Recreational Running	01:08:41
52	168	Felia McEwan	52	The Meedies Running Club	01:09:07
53	268	Lorraine Hands	53	Recreational Running	01:10:32
54	181	Claire Jurecki	54	Kirkcaldy Wizards	01:10:37
55	176	Tracy Mayes	55	Leven Las Vegas	01:11:42
56	82	Michelle Murray	56	Kinross Road Runners	01:13:37
57	324	Sally Young	57	.	01:13:48
58	395	Leeanne Campbell	58	.	01:13:57
59	398	Suzanne Mackay	59	.	01:13:57
60	295	Elena Rutherford	60	.	01:15:33
61	296	Karen Capewell	61	.	01:15:37
62	288	Anca Marcantonio	62	.	01:16:02
63	104	Lorna Hughes	63	Leven Las Vegas	01:17:19
64	169	Alison Hawley	64	.	01:24:13
65	151	Lynn Pitblado	65	The Meedies Running Club	01:25:40

### Female : F50

1	351	Jenny Hughes	1	.	00:48:26
2	64	Brigid Wallen	2	Kinross Road Runners	00:48:57
3	308	Carol MacIver	3	.	00:50:07
4	132	Elaine Downie	4	Nutritional Fit	00:50:46
5	135	Lesley Harkins	5	The Meedies Running Club	00:51:52
6	16	Christine Simpson	6	The Meedies Running Club	00:53:14
7	69	Dorota Park	7	.	00:54:40
8	217	Kym McCulloch	8	Pitreavie AAC	00:55:01
9	396	Wendy Grieve	9	Kinross Road Runners	00:55:53
10	265	Shirley Bremner	10	.	00:56:44
11	261	Lynn Whisker	11	.	00:56:44
12	266	Angela Graham	12	Penicuik Harriers	00:57:01
13	148	Karen Hunter	13	The Meedies Running Club	01:00:13
14	205	Liz Eltringham	14	Pitreavie AAC	01:00:23
15	57	Elaine Masterton	15	Kirkcaldy Wizards	01:00:26
16	94	Karen Rennie	16	.	01:01:33
17	160	Susie Harley	17	.	01:01:41
18	197	Wendy Turnbull	18	Kinross Road Runners	01:01:43
19	52	Shona Turner	19	Kirkcaldy Wizards	01:01:54
20	255	Isla Craig	20	Kinross Road Runners	01:02:00
21	18	Kim Martin	21	The Meedies Running Club	01:03:42
22	89	Sandra Gardener	22	Falkland Trail Runners	01:04:29
23	101	Gillian King	23	.	01:04:59
24	61	Lynn Beveridge	24	Kinross Road Runners	01:08:54
25	103	Helen Shepherd	25	.	01:08:54
26	246	Jackie MacDougall	26	Kirkcaldy Wizards	01:10:13
27	346	Paula Roberts	27	Recreational Running	01:10:32
28	113	Sian Burkin	28	Falkland Trail Runners	01:12:56

Pos	No	Name	Cat Pos	Club	Time
29	71	Simone Young	29	Kinross Road Runners	01:12:59
30	80	Jane McGee	30	Kinross Road Runners	01:13:37
31	23	Dawn Aitken	31	Leven Las Vegas	01:15:18
32	401	Heather Fotheringham	32	.	01:16:57
33	106	Clare Winton	33	.	01:17:20
34	150	Beverley Shepherd	34	The Meedies Running Club	01:25:40
35	118	Sharon Murphy	35	Kirkcaldy Wizards	01:25:59

### Female : F60

1	227	Christine Myerscough	1	Kinross Road Runners	00:50:56
2	141	Sandra Aitken	2	Fife Athletic Club	00:54:05
3	378	Gillian Serkes	3	Meedies	00:54:51
4	258	Anne Watson	4	Penicuik Harriers	00:59:04
5	322	June Anderson	5	.	01:00:03
6	391	Jacqueline Galloway	6	Anster Haddies Running Club	01:01:14
7	299	Patricia Maxwell	7	.	01:01:57
8	81	Linda MacEachen	8	Kinross Road Runners	01:05:28
9	24	Jacqueline Cairns	9	Kirkcaldy Wizards	01:07:25
10	76	Debbie Cooper	10	Pitreavie AAC	01:11:00
11	83	Ann Davidson	11	Falkland Trail Runners	01:12:09
12	323	Annie Gibson	12	Dash	01:19:30

### Female : F70

1	56	Pamela Pattison	1	Pitreavie AAC	00:54:25
2	145	Lynda English	2	Leven Las Vegas	01:06:34
3	222	Diane Ring	3	.	01:07:29
4	300	Jacqueline Lawson	4	.	01:11:32

### Female : FS

1	170	Chrissie Maitland	1	Pitreavie AAC	00:41:44
2	269	Sarah Paterson	2	PH Racing Club	00:43:41
3	58	Karyn Stewart	3	Pitreavie AAC	00:44:18
4	418	Amy Tait	4	Falkland Trail Runners	00:44:46
5	360	Anna Ogilvie	5	.	00:45:19
6	304	Isla Horsburgh	6	.	00:45:39
7	59	Diane Stewart	7	Pitreavie AAC	00:47:31
8	73	Karen Ritchie	8	Kinross Road Runners	00:49:33
9	382	Chloe Newton	9	.	00:51:30
10	194	Beatrix Keillor	10	.	00:52:06
11	127	Ashley Jamieson	11	Jog Cowdenbeath Fife	00:53:43
12	337	Vikki Laing	12	Stuart Tite Running	00:54:12
13	48	Jenni Alexander	13	.	00:54:13
14	329	Emma Forbes	14	The Meedies Running Club	00:54:53
15	408	Gillian Graham	15	Pitreavie AAC	00:55:03
16	198	Jessica Farmer	16	Pitreavie AAC	00:55:06
17	55	Amie Shand	17	Kirkcaldy Wizards	00:55:19
18	7	Gemma Morton	18	Pitreavie AAC	00:56:02
19	219	Kathryn Cumming	19	.	00:56:12
20	243	Jacqueline Howat	20	.	00:56:22
21	131	Julie Beattie	21	The Meedies Running Club	00:57:08
22	207	Jenny Gilruth	22	.	00:57:54

Pos	No	Name	Cat Pos	Club	Time
23	163	Megan Waddell	23	.	00:58:21
24	247	Tracey Squires	24	Pitreavie AAC	00:59:10
25	374	Louise Crawford	25	.	00:59:12
26	209	Jen Mackessack	26	.	01:00:37
27	302	Mollie Turner	27	.	01:01:44
28	291	Emma Gourlay	28	.	01:02:30
29	393	Shauni Johnston	29	.	01:03:03
30	123	Debbie Millar	30	.	01:03:31
31	5	Sarah Brown	31	.	01:04:09
32	11	Rebecca West	32	.	01:04:26
33	260	Nina Watson	33	.	01:05:27
34	115	Hannah Lopez	34	Kinross Road Runners	01:05:44
35	53	Bex Oakenfull	35	Leven Las Vegas	01:07:37
36	372	Carol Budd	36	Kirkcaldy Wizards	01:07:47
37	206	Morven Watson	37	Recreational Running	01:07:49
38	415	Tammy Hope	38	Kirkcaldy Wizards	01:07:59
39	172	Louise Wilson	39	Recreational Running	01:08:56
40	279	Kate Lamb	40	.	01:12:19
41	303	Cara Gourlay	41	Pitreavie AAC	01:18:42
42	47	Nicole Kelly	42	Leven Las Vegas	01:22:09

#### Male : M40

1	120	David Scott	1	Kinross Road Runners	00:37:10
2	30	David Henderson	2	Pitreavie AAC	00:37:44
3	221	Craig O'Donnell	3	Dunbar Running Club	00:38:45
4	158	Gary Barclay	4	.	00:39:00
5	97	Stephen Freeland	5	Kinross Road Runners	00:40:01
6	385	Dave Clark	6	Falkland Trail Runners	00:40:41
7	193	Stuart Halley	7	.	00:40:42
8	68	Robert West	8	.	00:40:50
9	414	Gary Whitton	9	Kirkcaldy Wizards	00:43:40
10	202	Stephen Bramwell	10	.	00:44:33
11	380	Paul Leishman	11	.	00:45:29
12	74	Neil Sneddon	12	.	00:46:03
13	356	George Young	13	Falkland Trail Runners	00:46:19
14	318	Gavin McLennan	14	Metro Aberdeen Running	00:47:05
15	137	David Holden	15	.	00:47:50
16	281	Alan Fullerton	16	Pitreavie AAC	00:47:58
17	14	Mark Easton	17	The Meedies Running Club	00:48:29
18	190	Gary Mielnik	18	Vegan Runners UK	00:48:52
19	333	Greg Wilson	19	Stuart Tite Running	00:48:53
20	114	Fraser Christie	20	Airdrie Harriers	00:48:57
21	136	Derek Westwater	21	.	00:49:37
22	249	Gordon Wilson	22	.	00:49:41
23	214	Moray Kyle	23	.	00:49:43
24	37	Ovidiu Apetri	24	.	00:49:46
25	183	Barry West	25	Leven Las Vegas	00:50:28
26	262	Scott Walker	26	Pitreavie AAC	00:50:54
27	85	Mike Murdoch	27	Falkland Trail Runners	00:50:55
28	367	Simon Jeynes	28	.	00:51:33
29	252	Keith Peebles	29	.	00:52:44

Pos	No	Name	Cat Pos	Club	Time
30	407	Graham Ballantyne	30	.	00:53:06
31	274	Andy Paterson	31	The Meedies running club	00:53:36
32	376	Kenny McDonald	32	Pitreavie AAC	00:54:15
33	139	Martin Mackay	33	.	00:54:31
34	161	Graham Keddie	34	Kirkcaldy Wizards	00:54:32
35	338	Eric Watson	35	.	00:54:48
36	330	Craig Morris	36	.	00:54:52
37	294	Alastair Baker	37	.	00:55:43
38	394	Graham Anderson	38	.	00:56:27
39	45	Dave Martindale	39	Pitreavie AAC	00:57:10
40	8	Craig Thomson	40	.	00:58:49
41	178	Graeme Percival	41	.	00:59:09
42	154	Steven Brannigan	42	.	01:02:22
43	200	Jim Paterson	43	Kirkcaldy Wizards	01:03:53
44	142	Colin Mackay	44	.	01:03:54
45	43	Mark Cairns	45	.	01:07:25
46	390	Allan Galloway	46	Anster Haddies Running	01:10:36
47	305	Andy Mitchell	47	.	01:14:58

### Male : M50

1	392	Chris Russell	1	Dash	00:37:59
2	77	John Beveridge	2	Kinross Road Runners	00:39:11
3	352	Iain Wallace	3	PH Racing Club	00:39:14
4	315	Iain Howatt	4	Pitreavie AAC	00:40:30
5	134	Iain Sheerins	5	.	00:40:44
6	373	Kevin Murray	6	Falkland Trail Runners	00:42:57
7	359	Timothy Compston	7	Pitreavie AAC	00:44:04
8	203	Colin Brown	8	Fife Athletic Club	00:44:13
9	365	Andrew Ritchie	9	Kirkcaldy Wizards	00:45:42
10	65	Tony Wallen	10	Kinross Road Runners	00:46:13
11	41	Jimmy Robertson	11	Kirkcaldy Wizards	00:47:27
12	159	Brian Taylor	12	.	00:47:40
13	238	Tom Sludden	13	Pitreavie AAC	00:49:12
14	416	Andy Ballantyne	14	.	00:49:36
15	92	Duncan Gray	15	Kinross Road Runners	00:49:54
16	297	Colin McKendry	16	.	00:50:09
17	102	Anddrew King	17	Pitreavie AAC	00:50:11
18	350	Gordon Christie	18	Leven Las Vegas	00:51:16
19	341	Stuart Goodfellow	19	Kirkcaldy Wizards	00:51:27
20	192	Mark Dewar	20	Falkland Trail Runners	00:52:01
21	357	Jeff Taylor	21	Leven Las Vegas RC	00:52:39
22	67	David Pease	22	Falkland Trail Runners	00:52:49
23	17	David Simpson	23	The Meedies Running Club	00:53:00
24	389	Stuart Macaulay	24	.	00:53:42
25	412	James Stewart	25	Kirkcaldy Wizards	00:53:46
26	133	Neil Arnold	26	Nutritional Fit	00:54:01
27	358	Brian Cowan	27	Pitreavie AAC	00:54:12
28	306	Campbell Logan	28	Meadies Running Club	00:54:36
29	400	Jamie Fotheringham	29	.	00:54:46
30	234	Marco Crolla	30	.	00:54:57
31	182	Leonard Rhone	31	Fife Athletic Club	00:55:35

Pos	No	Name	Cat Pos	Club	Time
32	224	Barry Richardson	32	.	00:56:28
33	353	Joseph Archer	33	.	00:56:52
34	384	John Ritchie	34	Kirkcaldy Wizards	00:57:04
35	256	Darren Patton	35	Jog Scotland Dunfermline	00:58:38
36	229	Andrew Maxwell	36	.	00:58:40
37	314	Ian Simmons	37	Kirkcaldy Wizards	00:59:32
38	177	Tam Mayes	38	Leven Las Vegas	01:00:15
39	319	Jim Rotheram	39	.	01:00:45
40	344	Alexander Bell	40	RunSum Running Kirkcaldy	01:00:50
41	348	Greig Whitton	41	.	01:00:55
42	253	Davie Hogg	42	Leven Las Vegas	01:01:12
43	409	Allan Harley	43	.	01:01:41
44	311	Brian Adams	44	Fife Athletic Club	01:03:59
45	241	David Taylor	45	.	01:04:25
46	42	John Mcintyre snr	46	Fife Athletic Club	01:05:22
47	88	Alan Gardener	47	Falkland Trail Runners	01:06:43
48	12	Kenneth Jennings	48	Kirkcaldy Wizards	01:10:41
49	162	Craig Waddell	49	.	01:12:56
50	377	Allan Robertson	50	.	01:14:45
51	164	Grant Scott	51	.	01:16:48

#### Male : M60

1	326	John Hynd	1	Carnegie Harriers	00:45:10
2	285	Gordon Lindsay	2	Perth Road Runners	00:46:25
3	147	Brian Leigh	3	.	00:46:37
4	325	Nick Price	4	.	00:47:44
5	320	Laurie Anderson	5	Lomond Hill Runners & AAC	00:48:09
6	91	Lyle Allan	6	Falkland Trail Runners	00:48:36
7	282	David Morrison	7	Metro Aberdeen RC	00:49:03
8	334	Eric Thomson	8	.	00:49:24
9	402	Jim Kelly	9	Lonely Goat RC	00:51:03
10	259	Stephen Watson	10	Penicuik Harriers	00:52:21
11	245	Martin Kirkbride	11	Falkland Trail Runners	00:52:48
12	199	John Myerscough	12	Kinross Road Runners	00:54:09
13	208	John Brennan	13	.	00:54:43
14	272	Norman Bews	14	.	00:56:44
15	354	Sandy Chalmers	15	.	00:56:52
16	298	Stewart Maxwell	16	.	00:57:06
17	226	Stephen McKee	17	Pitreavie AAC	00:57:37
18	121	Iain Grant	18	.	00:57:45
19	335	Donald Lothian	19	Fife Athletic Club	00:57:58
20	369	Ricky Smith	20	.	00:58:01
21	313	David Shepherd	21	Fife Athletic Club	00:58:26
22	244	Keith Traill	22	Fife Athletic Club	00:58:31
23	119	Christopher Murphy	23	.	00:59:02
24	284	Keith Temple	24	.	00:59:21
25	31	George MacDonald	25	Kirkcaldy Wizards	00:59:49
26	109	Paul McGlynn	26	Fife Athletic Club	01:00:42
27	278	Billy Mcneil	27	.	01:02:10
28	149	Kenneth McAllister	28	.	01:02:37
29	254	Alan Aird	29	Lang toun joggers	01:04:22

Pos	No	Name	Cat Pos	Club	Time
30	19	Bryan Martin	30	The Meedies Running Club	01:07:43
<b>Male : M70</b>					
1	84	John Wilmot	1	Falkland Trail Runners	00:50:18
2	309	Paul Sutherland	2	Fife Athletic Club	00:50:30
3	366	Jack Davies	3	Forfar Road Runners	00:50:53
4	29	Bill Gillan	4	Recreational Running / GFF	00:52:23
5	232	Colin Wallace Mathieson	5		00:52:46
6	144	Stewart English	6	Leven Las Vegas	00:56:38
7	129	Alexander Patterson	7	.	00:59:18
8	379	Eric Nachman	8	Falkland Trail Runners	01:07:52
9	49	Bill Duff	9	Falkland Trail Runners	01:25:40
<b>Male : MS</b>					
1	355	Reiss Marshall	1	Fife Athletic Club	00:33:36
2	191	Andrew Ferguson	2	Corstorphine AAC	00:33:46
3	331	Jack Fullerton	3	Corstorphine AAC	00:33:56
4	213	Matthew Maciocia	4	Metro Aberdeen Running	00:35:06
5	289	Ben Kinninmonth	5	Fife Athletic Club	00:35:38
6	3	Carter Taylor	6	Fife Athletic Club	00:36:10
7	340	Kevin Wallace	7	Fife Athletic Club	00:36:21
8	307	Rolf Gunnemann	8	Kirkcaldy Wizards	00:37:07
9	312	Daniel Hale	9	Fife Athletic Club	00:37:14
10	166	Angus Gray	10	St Andrews Athletics and	00:37:32
11	364	James Gray	11	Metro Aberdeen Running	00:37:35
12	21	Craig Wilson	12	.	00:40:14
13	143	Oliver Wishart	13	Pitreavie AAC	00:41:43
14	328	Graeme Syme	14	Kirkcaldy Wizards	00:42:12
15	66	Ryan Campbell-Hodge	15	Kirkcaldy Wizards	00:43:58
16	233	Graham Motion	16	.	00:43:59
17	336	Jeff Watters	17	.	00:44:44
18	361	David McIvor	18	.	00:44:55
19	62	Connor Finlay	19	Kinross Road Runners	00:45:03
20	1	Andrew Raeburn	20	.	00:45:45
21	277	Luke Mcneil	21	.	00:46:23
22	248	Brian Chalmers	22	.	00:46:36
23	90	Ross McArthur	23	Falkland Trail Runners	00:47:11
24	9	Connor Anderson	24	.	00:47:25
25	406	Calum Reid	25	Kirkcaldy Wizards	00:48:00
26	54	Bryan McLaren	26	Leven Las Vegas	00:48:55
27	362	Scott Hutchison	27	.	00:49:21
28	321	Tyler Stevenson	28	Lomond Hill Runners AAC	00:49:44
29	165	Colin Scott	29	.	00:49:46
30	2	Harry Grieve	30	.	00:50:11
31	405	Cellan Liiv	31	.	00:50:31
32	263	Ralph Anderson	32	.	00:51:05
33	189	Graeme Barker	33	Fife Athletic Club	00:51:05
34	223	Tyla Brown	34	.	00:51:28
35	290	Lewis Prideaux	35	.	00:51:49
36	287	Ryan Smith	36	.	00:52:00
37	383	Keir Macaulay	37	.	00:52:17

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Cat Pos</b>	<b>Club</b>	<b>Time</b>
38	368	John Smith	38	Kirkcaldy Wizards	00:53:04
39	410	Macauley Wardlaw	39	.	00:53:07
40	411	Grant Fisher	40	.	00:53:07
41	171	Adam Ross	41	.	00:53:27
42	375	David Izatt	42	.	00:53:59
43	310	Liam Coote	43	.	00:54:29
44	152	Kieran Forsyth	44	.	00:54:32
45	387	Tony Chalmers	45	.	00:54:48
46	44	Chris Payne	46	Kirkcaldy Wizards	00:55:30
47	237	Graeme McDonough	47	.	00:57:07
48	124	Ryan O'Connor	48	.	00:57:41
49	195	Michael Roy	49	.	00:58:04
50	180	Stu Mitchell	50	.	00:59:27
51	388	Balavignesh Sinnaraja	51	.	01:01:20
52	125	Michael Millar	52	.	01:01:42
53	381	Scott Hutson	53	.	01:03:20
54	404	Adam Temple	54	.	01:03:31
55	397	Ian Hutchison	55	.	01:04:13
56	292	Sam Downie	56	.	01:05:30
57	280	Craig Hendry	57	.	01:07:48
58	33	Kevin Cox	58	Pitreavie AAC (PAACE)	01:10:25
59	270	Zak Hammond	59	.	01:12:34
60	386	Alexander Mason	60	.	01:18:42
61	26	Philip Grubb	61	Recreational Running	01:20:50
62	399	Vishnu vardhan Sinnaraja	62	.	01:23:35