

PUBLIC SWIMMING
 CLOSED TO THE PUBLIC
 BOOKABLE SESSIONS
 CLUB USE

		30	45	7	15	30	45	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45	9	15	30	45	10
MONDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										FINS (4 lanes)						INCAS (4 lanes)																																
TUESDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										L2S			FINS (4 lanes)						INCAS (3 lanes)																													
WEDNESDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										FINS (4 lanes)																																						
THURSDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										FINS (4 lanes)						LANE SWIM (3 lanes)						FIFE SYNCRO (3 lanes)																										
FRIDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										DSF						FINS (4 lanes)						LANE SWIM (6 lanes)																										
SATURDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										L2S			BASC (6 lanes)																																			
SUNDAY	LANE SWIM (6 lanes)	LANE SWIM (3 lanes)																								LANE SWIM (2 lanes)																																						
																										FINS (4 lanes)						BOOKABLE/PUBLIC SESSION																																

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

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